

MTSS-B Key Messages for Districts & Schools



What is MTSS-B?

NH's Multi-Tiered System of Supports for Behavioral Health and Wellness (MTSS-B) is a system-level framework of social, emotional, and behavioral supports to promote student wellness and improve engagement in learning. MTSS-B teams coordinate delivery of high-quality student behavioral health supports across tiers: universal supports for all, targeted supports for those at risk, and intensive supports for students with highest need.

Why implement MTSS-B in our district or school?

When implemented well, MTSS-B sets all students up for success and improves school climate and teacher satisfaction.

Student outcomes

- Reduced disciplinary events
- Enhanced readiness for learning
- Improved attendance
- Improved academic achievement
- Reduced dropout
- Increased college attendance*

Teacher outcomes

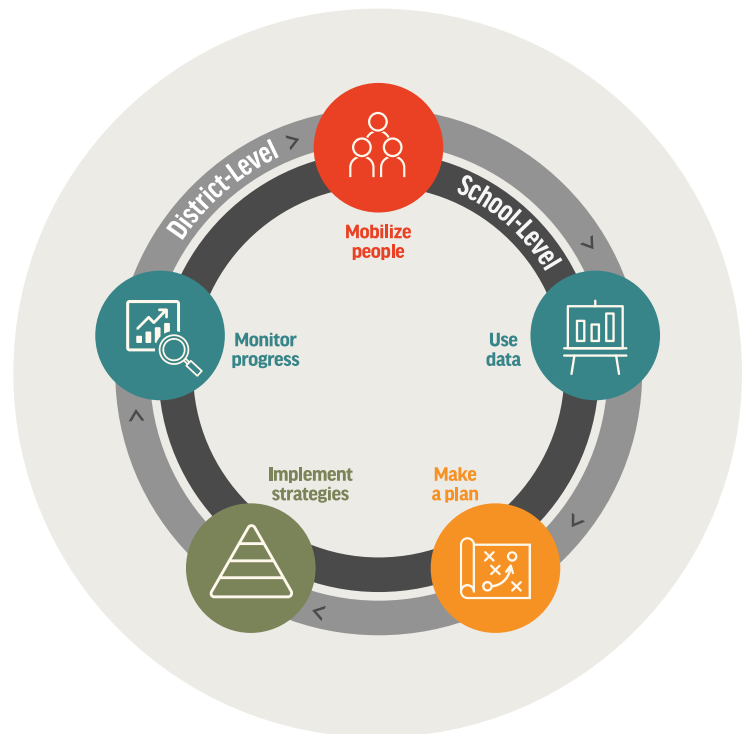
- Less time managing student behaviors
- Regained instructional and administrative time
- Lower levels of teacher stress
- Better student-staff relationships
- Improved school climate
- Increased job satisfaction*

How do we implement MTSS-B?

MTSS-B is a systematic process. Integrated school-community teams use behavioral health and risk/protective data for action planning.

Action plans drive data-based strategies for identifying student needs and matching students to appropriate supports. Interventions are evidence-based when possible and support students at every tier.

Teams use reach, fidelity, and outcome data to monitor progress at system and student levels and make adjustments as needed.



*See MTSS-B Supporting Literature in the NH MTSS-B Toolkit for citations and additional research.

MTSS-B strategies

Team-based action planning
and decision-making

Use of district, school &
community data to identify needs

Selection of best-fit evidence-
based practices across tiers

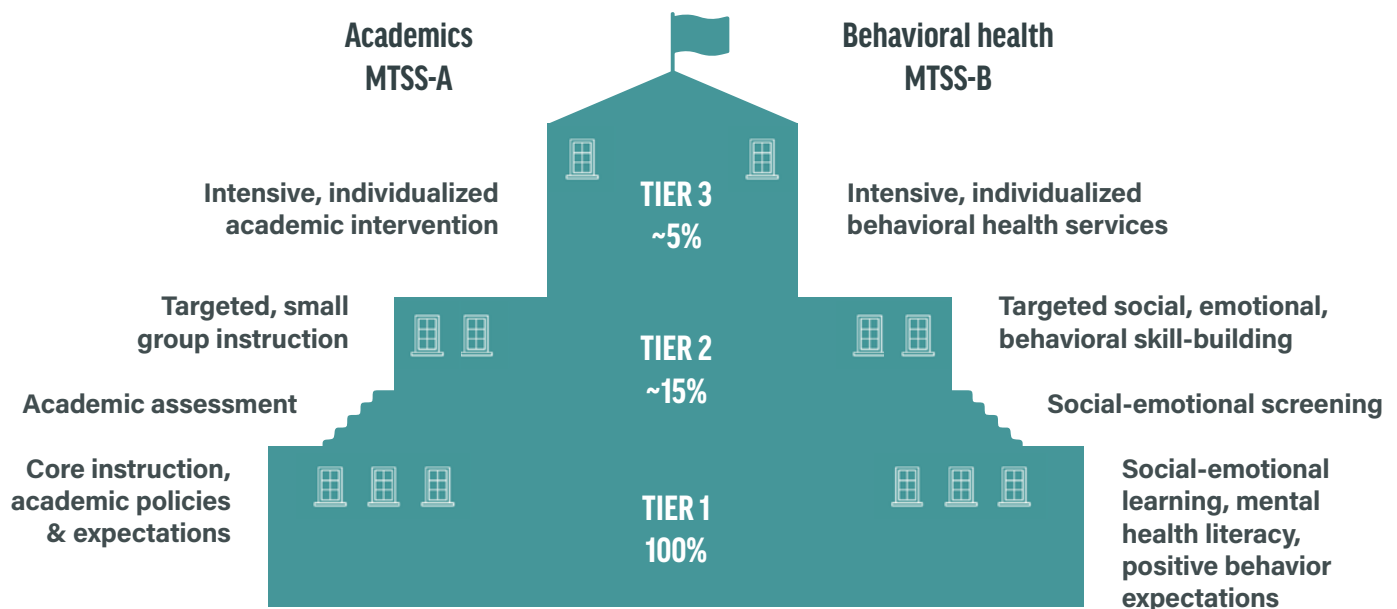
Early access through universal
social-emotional screening

Training, ongoing coaching
& performance feedback

Progress monitoring &
continuous quality improvement

How does MTSS-B fit with what we're already doing?

MTSS-B isn't about recreating the wheel. Schools are already offering behavioral health supports and many are using "MTSS-Academic" (MTSS-A) frameworks such as Response to Intervention (RTI) to meet student academic needs. MTSS-B brings social-emotional and behavioral health into the tiered prevention frameworks already in use.



How can we get started?

Learn more about NH's MTSS-B Framework at nhmtssb.org and visit the comprehensive [MTSS-B Toolkit](#).

Join the MTSS-B TA Center's Community of Practice by registering at: nhmtssb.org/community-of-practice.

Contact an MTSS-B Consultant in the [NH Education Department's Office of Student and Educator Wellness](#) to learn more about MTSS-B and request coaching services.